

Cumberland County

Demographic Indicators	
Indicator	Value
Population (2010)	281,674
Population change between 2000 and 2010	+0.02%
Population per square mile (2010)	338
Median age (2010)	41.0
Under 18 (2010)	20.9%
65 and over (2010)	14.3%
Racial and ethnic minorities (2010)	8.2%
Not fluent in English (2000)	0.79%
Living in poverty (1999)	7.9%
Less than a high school education (2000)	9.9%
Single parent households (2010)	8.0%

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)		
Disease	County	State
1. Cancer	227	242
2. Heart Disease	191	237
3. Chronic Lower Respiratory Diseases	51	61
4. Cerebrovascular Diseases	50	61
5. Alzheimer's Disease	48	38
6. Unintentional Injuries	36	40
7. Influenza/Pneumonia	26	24
8. Diabetes Mellitus	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	20	19
10. Septicemia	11	10
All Causes	884	969

Shading indicates a significant difference from the state.

Cumberland County has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual Lyme disease cases per 100,000	40 (2005-07)	16 (2002-04)	148%
Annual enteric disease cases per 100,000	49 (2005-07)	39 (2002-04)	27%
Annual chlamydia cases per 100,000	232 (2005-07)	183 (2002-04)	27%
Annual violent crimes per 10,000	16.2 (2004-08)	13.7 (1999-03)	18%
Annual substance use arrests per 1,000	12.5 (2004-08)	11.0 (1999-03)	14%
Eligibility for free or reduced school lunches	30.7% (2009-10)	27.3% (2008-09)	13%
Home and nurse visits per 1,000*	33.8 (2007)	31.3 (2006)	8%
Controlled substance prescriptions per person	1.71 (2008)	1.61 (2007)	6%

Cumberland County has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Disabling occupational injuries per 1,000 workers	23.8 (2008)	27.0 (2007)	12%
Hospital visits per 1,000*	118.6 (2007)	128.0 (2006)	7%

Cumberland County has...

High levels of	Low levels of
Lyme disease	Emergency department visits*
Violent crimes	Smoking-related diagnoses*
Home and nurse visits*	Eligibility for free or reduced school lunches

Represents the highest and lowest percentages among all significant indicators listed on the next page.

*Among those with private insurance.

CUMBERLAND COUNTY Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)*	68.3	59.1	16%

CUMBERLAND COUNTY Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)*	6.1	8.6	30%
Diabetes per 1,000 (2007)*	34.3	43.0	20%
Coronary heart disease per 1,000 (2007)*	11.9	14.4	17%
Back pain per 1,000 (2007)*	105.9	109.9	4%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)*	33.8	25.9	30%

HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)*	124.9	191.2	35%
Disabled (2000)	17.1%	20.0%	15%
Hospital visits per 1,000 (2007)*	118.6	126.1	6%

INFECTIOUS DISEASE	Value	State value	% higher
Annual Lyme disease per 100,000 (2005-07)	40	28	42%
Annual chlamydia per 100,000 (2005-07)	232	180	29%

SUBSTANCE USE	Value	State value	% lower
Annual substance use arrests per 1,000 (2004-08)	12.5	13.4	7%
Controlled substance prescriptions per person (2008)	1.71	1.76	3%

INJURY AND VIOLENCE	Value	State value	% higher
Annual violent crimes per 10,000 (2004-08)	16.2	11.4	42%
Disabling occupational injuries per 1,000 workers (2008)	23.8	21.0	13%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)	30.7%	43.0%	29%

ENVIRONMENTAL HEALTH	Value	State value	% higher
Housing built before 1950 (2000)	36.7%	35.8%	3%

*Among those with private insurance.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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Baldwin

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	1,525	24 th
Population change between 2000 and 2010	+16.6%	1 st
Population per square mile (2010)	43	27 th
Median age (2010)	42.4	18 th
Under 18 (2010)	22.4%	11 th
65 and over (2010)	14.4%	17 th
Racial and ethnic minorities (2010)	2.5%	26 th
Not fluent in English (2000)	0.00%	Tie 24 th
Living in poverty (1999)	11.2%	3 rd
Less than a high school education (2000)	19.8%	1 st
Single parent households (2010)	7.3%	15 th

*Among 28 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	242	227	242
2. Heart Disease	211	191	237
3. Chronic Lower Respiratory Diseases	**	51	61
4. Cerebrovascular Diseases	**	50	61
5. Alzheimer's Disease	**	48	38
6. Unintentional Injuries	**	36	40
7. Influenza/Pneumonia	**	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	981	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Baldwin has a significant INCREASE in...

Indicator	Current	Prior	% increase
Home and nurse visits per 1,000***	42.1 (2007)	33.6 (2006)	25%

Baldwin has...

High levels of	Low levels of
Home and nurse visits***	Emergency department visits***
Hospital visits***	
Disability	

Represents the highest and lowest percentages among all significant indicators listed on the next page.
 ***Among those with private insurance, and by region that also includes Bridgton, Casco, Harrison, Naples, Sebago, and Standish.

BALDWIN Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007) ^{***}	42.1	25.9	62%
Hospital visits per 1,000 (2007) ^{***}	160.8	126.1	28%
Disabled (2000)	25.4%	20.0%	27%
Baldwin is a designated Primary Care Health Professional Shortage Area.			

BALDWIN Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007) ^{***}	167.7	191.2	12%

ORAL HEALTH
Baldwin does not fluoridate its public drinking water.
Baldwin is a designated Dental Health Professional Shortage Area.
Baldwin is a designated Primary Care Health Professional Shortage Area.

^{***}Among those with private insurance, and by region that also includes Bridgton, Casco, Harrison, Naples, Sebago, and Standish.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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Bridgton

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	5,210	16 th
Population change between 2000 and 2010	+6.3%	15 th
Population per square mile (2010)	91	23 nd
Median age (2010)	46.8	4 th
Under 18 (2010)	18.6%	25 th
65 and over (2010)	19.8%	5 th
Racial and ethnic minorities (2010)	4.4%	Tie 9 th
Not fluent in English (2010)	0.32%	15 th
Living in poverty (1999)	15.7%	1 st
Less than a high school education (2000)	12.9%	Tie 3 rd
Single parent households (2010)	9.4%	4 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	194	227	242
2. Heart Disease	190	191	237
3. Chronic Lower Respiratory Diseases	79	51	61
4. Cerebrovascular Diseases	44	50	61
5. Alzheimer's Disease	24	48	38
6. Unintentional Injuries	71	36	40
7. Influenza/Pneumonia	32	26	24
8. Diabetes Mellitus	36	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	28	20	19
10. Septicemia	**	11	10
All Causes	920	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Bridgton has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual substance use arrests per 1,000	16.1 (2004-08)	7.8 (1999-03)	106%
Eligibility for free or reduced school lunches***	60.2% (2009-10)	47.4% (2008-09)	27%
Home and nurse visits per 1,000****	42.1 (2007)	33.6 (2006)	25%
Controlled substance prescriptions per person	2.14 (2008)	2.06 (2007)	4%

Bridgton has...

High levels of	Low levels of
Home and nurse visits****	Chlamydia
Eligibility for free or reduced school lunches***	Emergency department visits****
Hospital visits****	

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Part of School Administrative District 61, which also includes Casco, Naples, and Sebago.

****Among those with private insurance, and by region that also includes Baldwin, Casco, Harrison, Naples, Sebago, and Standish.

BRIDGTON Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)****	42.1	25.9	62%
Hospital visits per 1,000 (2007)****	160.8	126.1	28%
Bridgton is a designated Mental Health Professional Shortage Area.			

BRIDGTON Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)****	167.7	191.2	12%

FAMILY HEALTH	Value	State value	% higher
Eligibility for free or reduced school lunches (2009-10)***	60.2%	43.0%	40%
Annual births per 1,000 women 15 to 44 (2002-06)	61.6	52.0	19%

INFECTIOUS DISEASE	Value	State value	% lower
Annual chlamydia per 100,000 (2005-07)	95	180	47%

SUBSTANCE USE	Value	State value	% higher
Controlled substance prescriptions per person (2008)	2.14	1.76	21%
Annual substance use arrests per 1,000 (2004-08)	16.1	13.4	21%

ORAL HEALTH
Bridgton is a designated Dental Health Professional Shortage Area.

***Part of School Administrative District 61, which also includes Casco, Naples, and Sebago.

**** Among those with private insurance, and by region that also includes Baldwin, Casco, Harrison, Naples, Sebago, and Standish.

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Brunswick

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	20,278	3 rd
Population change between 2000 and 2010	-4.4%	24 th
Population per square mile (2010)	433	6 th
Median age (2010)	41.4	19 th
Under 18 (2010)	19.2%	24 th
65 and over (2010)	18.2%	6 th
Racial and ethnic minorities (2010)	9.0%	3 rd
Not fluent in English (2000)	0.37%	13 th
Living in poverty (1999)	8.0%	8 th
Less than a high school education (2000)	12.1%	6 th
Single parent households (2010)	7.8%	Tie 11 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	224	227	242
2. Heart Disease	217	191	237
3. Chronic Lower Respiratory Diseases	64	51	61
4. Cerebrovascular Diseases	59	50	61
5. Alzheimer's Disease	28	48	38
6. Unintentional Injuries	23	36	40
7. Influenza/Pneumonia	25	26	24
8. Diabetes Mellitus	19	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	19	20	19
10. Septicemia	**	11	10
All Causes	878	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Brunswick has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual chlamydia cases per 100,000	291 (2005-07)	187 (2002-04)	55%
Eligibility for free or reduced school lunches	29.8% (2009-10)	25.7% (2008-09)	16%
Controlled substance prescriptions per person	1.70 (2008)	1.54 (2007)	10%

Brunswick has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Hospital visits per 1,000***	112.0 (2007)	146.1 (2006)	23%

Brunswick has...

High levels of	Low levels of
Chlamydia	Home and nurse visits***
Depression***	Violent crimes
	Eligibility for free or reduced school lunches

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that includes Harpswell.

BRUNSWICK Indicators HIGHER than the State			
INFECTIOUS DISEASE	Value	State value	% higher
Annual chlamydia per 100,000 (2005-07)	291	180	61%

CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)***	79.4	59.1	34%

BRUNSWICK Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Home and nurse visits per 1,000 (2007)***	10.3	25.9	60%
Hospital visits per 1,000 (2007)***	112.0	126.1	11%
Disabled (2000)	18.1%	20.0%	10%

INJURY AND VIOLENCE	Value	State value	% lower
Annual violent crimes per 10,000 (2004-08)	7.6	11.4	33%
Annual domestic violence crimes per 10,000 (2004-06)	28.6	41.2	31%

SUBSTANCE USE	Value	State value	% lower
Annual substance use arrests per 1,000 (2004-08)	11.8	13.4	12%
Controlled substance prescriptions per person (2008)	1.70	1.76	4%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2007-08)	29.8%	43.0%	31%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	31.8%	35.8%	11%

***Among those with private insurance, and by region that also includes Harpswell.

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Cape Elizabeth

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	9,015	10 th
Population change between 2000 and 2010	-0.6%	22 th
Population per square mile (2010)	612	5 th
Median age (2010)	46.8	5 th
Under 18 (2010)	25.0%	4 th
65 and over (2010)	16.1%	10 th
Racial and ethnic minorities (2010)	4.4%	Tie 9 th
Not fluent in English (2000)	0.80%	4 th
Living in poverty (1999)	3.1%	23 rd
Less than a high school education (2000)	3.2%	26 th
Single parent households (2010)	6.1%	21 st

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	237	227	242
2. Heart Disease	183	191	237
3. Chronic Lower Respiratory Diseases	56	51	61
4. Cerebrovascular Diseases	60	50	61
5. Alzheimer's Disease	103	48	38
6. Unintentional Injuries	20	36	40
7. Influenza/Pneumonia	25	26	24
8. Diabetes Mellitus	20	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	29	20	19
10. Septicemia	**	11	10
All Causes	916	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Cape Elizabeth has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual substance use arrests per 1,000	10.3 (2004-08)	6.0 (1999-03)	71%
Controlled substance prescriptions per person	1.31 (2008)	1.25 (2007)	5%

Cape Elizabeth has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Hospital visits per 1,000***	88.2 (2007)	120.1 (2006)	27%

Cape Elizabeth has...

High levels of	Low levels of
Lyme disease	Eligibility for free or reduced school lunches
Home and nurse visits***	Violent crimes
Depression***	Domestic violence crimes

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that includes Scarborough.

CAPE ELIZABETH Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)***	33.9	25.9	31%

CAPE ELIZABETH Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Disabled (2000)	11.0%	20.0%	45%
Emergency department visits per 1,000 (2007)***	114.5	191.2	40%
Hospital visits per 1,000 (2007)***	88.2	126.1	30%

CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)***	66.7	59.1	13%

CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)***	5.3	8.6	39%
Diabetes per 1,000 (2007)***	32.4	43.0	25%
Coronary heart disease per 1,000 (2007)***	11.6	14.4	19%

INFECTIOUS DISEASE	Value	State value	% higher
Annual Lyme disease per 100,000 (2005-07)	75	28	167%

INFECTIOUS DISEASE	Value	State value	% lower
Annual chlamydia per 100,000 (2005-07)	113	180	37%

INJURY AND VIOLENCE	Value	State value	% lower
Annual violent crimes per 10,000 (2004-08)	2.0	11.4	82%
Annual domestic violence crimes per 10,000 (2004-06)	8.6	41.2	79%
Disabling occupational injuries per 1,000 workers (2008)	6.7	21.0	68%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.31	1.76	25%
Annual substance use arrests per 1,000 (2004-08)	10.3	13.4	23%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)	6.0%	43.0%	86%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	32.6%	36.7%	9%

***Among those with private insurance, and by region that also includes Scarborough.

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Casco

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	3,742	20 th
Population change between 2000 and 2010	+15.4%	2 nd
Population per square mile (2010)	120	20 th
Median age (2010)	42.6	16 th
Under 18 (2010)	21.5%	Tie 15 th
65 and over (2010)	14.7%	15 th
Racial and ethnic minorities (2010)	4.0%	14 th
Not fluent in English (2000)	0.15%	19 th
Living in poverty (1999)	8.1%	7 th
Less than a high school education (2000)	17.2%	2 nd
Single parent households (2010)	9.5%	5 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	225	227	242
2. Heart Disease	225	191	237
3. Chronic Lower Respiratory Diseases	51	51	61
4. Cerebrovascular Diseases	56	50	61
5. Alzheimer's Disease	34	48	38
6. Unintentional Injuries	67	36	40
7. Influenza/Pneumonia	**	26	24
8. Diabetes Mellitus	34	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	39	20	19
10. Septicemia	**	11	10
All Causes	995	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Casco has a significant INCREASE in...

Indicator	Current	Prior	% increase
Eligibility for free or reduced school lunches***	60.2% (2009-10)	47.4% (2008-09)	27%
Home and nurse visits per 1,000****	42.1 (2007)	33.6 (2006)	25%
Controlled substance prescriptions per person	1.93 (2008)	1.83 (2007)	6%

Casco has...

High levels of	Low levels of
Home and nurse visits****	Housing built before 1950
Eligibility for free or reduced school lunches***	Emergency department visits****
Hospital visits****	

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Part of School Administrative District 61, which also includes Bridgton, Naples, and Sebago.

****Among those with private insurance, and by region that also includes Baldwin, Bridgton, Harrison, Naples, Sebago, and Standish.

CASCO Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)****	42.1	25.9	62%
Hospital visits per 1,000 (2007)****	160.8	126.1	28%
Disabled (2000)	25.3%	20.0%	26%
Casco is a designated Mental Health Professional Shortage Area.			

CASCO Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)****	167.7	191.2	12%

ORAL HEALTH
Casco does not fluoridate its public drinking water.
Casco is a designated Dental Health Professional Shortage Area.

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	17.3%	35.8%	52%

FAMILY HEALTH	Value	State value	% higher
Eligibility for free or reduced school lunches (2009-10)***	60.2%	43.0%	40%

SUBSTANCE USE	Value	State value	% higher
Controlled substance prescriptions per person (2008)	1.93	1.76	10%

***Part of School Administrative District 61, which also includes Bridgton, Naples, and Sebago.

****Among those with private insurance, and by region that also includes Baldwin, Bridgton, Harrison, Naples, Sebago, and Standish.

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Chebeague Island

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	341	26 th
Population change between 2000 and 2010	-4.4%	24 th
Population per square mile (2010)	107	22 nd
Median age (2010)	57.9	1 st
Under 18 (2010)	15.0%	27 th
65 and over (2010)	34.9%	2 nd
Racial and ethnic minorities (2010)	0.9%	27 th
Not fluent in English (2000)	Data Unavailable	N/A
Living in poverty (1999)	Data Unavailable	N/A
Less than a high school education (2000)	Data Unavailable	N/A
Single parent households (2000)	4.1%	26 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

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Cumberland

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	7,211	14 th
Population change between 2000 and 2010	+12.1%	8 th
Population per square mile (2010)	315	11 th
Median age (2010)	45.0	Tie 9 th
Under 18 (2010)	26.9%	1 st
65 and over (2010)	14.5%	16 th
Racial and ethnic minorities (2010)	3.7%	15 th
Not fluent in English (2000)	0.42%	9 th
Living in poverty (1999)	3.0%	24 th
Less than a high school education (2000)	4.5%	24 th
Single parent households (2010)	5.6%	24 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	156	227	242
2. Heart Disease	135	191	237
3. Chronic Lower Respiratory Diseases	32	51	61
4. Cerebrovascular Diseases	24	50	61
5. Alzheimer's Disease	34	48	38
6. Unintentional Injuries	19	36	40
7. Influenza/Pneumonia	24	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	594	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Cumberland has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual substance use arrests per 1,000	12.9 (2004-08)	9.6 (1999-03)	34%
Home and nurse visits per 1,000***	45.2 (2007)	35.9 (2006)	26%
Controlled substance prescriptions per person	1.16 (2008)	1.11 (2007)	4%

Cumberland has...

High levels of	Low levels of
Lyme disease	Violent crimes
Home and nurse visits***	Eligibility for free or reduced school lunches****
Depression***	Disabling occupational injuries

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Falmouth, Long Island, North Yarmouth, and Yarmouth.

****Part of School Administrative District 51, which also includes North Yarmouth.

CUMBERLAND Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007) ^{***}	68.6	59.1	16%
Asthma per 1,000 (2007) ^{***}	34.4	30.2	14%

CUMBERLAND Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007) ^{***}	3.4	8.6	61%
Diabetes per 1,000 (2007) ^{***}	25.6	43.0	40%
Colorectal cancer per 1,000 (2007) ^{***}	0.8	1.3	38%
Coronary heart disease per 1,000 (2007) ^{***}	11.0	14.4	24%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007) ^{***}	45.2	25.9	74%

HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007) ^{***}	101.6	191.2	47%
Disabled (2000)	13.1%	20.0%	35%
Hospital visits per 1,000 (2007) ^{***}	108.8	126.1	14%

INFECTIOUS DISEASE	Value	State value	% higher
Annual Lyme disease per 100,000 (2005-07)	86	28	203%

INFECTIOUS DISEASE	Value	State value	% lower
Annual chlamydia per 100,000 (2005-07)	77	180	57%

INJURY AND VIOLENCE	Value	State value	% lower
Annual violent crimes per 10,000 (2004-08)	1.3	11.4	88%
Disabling occupational injuries per 1,000 workers (2008)	7.3	21.0	65%
Annual domestic violence crimes per 10,000 (2004-06)	17.6	41.2	57%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10) ^{****}	9.2%	43.0%	79%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	20.5%	35.8%	43%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.16	1.76	34%

^{***}Among those with private insurance, and by region that also includes Falmouth, Long Island, North Yarmouth, and Yarmouth.

^{****}Part of School Administrative District 51, which also includes North Yarmouth.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

Last revised 08/03/2011.



Falmouth

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	11,185	8 th
Population change between 2000 and 2010	+7.8%	11 th
Population per square mile (2010)	378	8 th
Median age (2010)	45.3	Tie 7 th
Under 18 (2010)	25.9%	3 rd
65 and over (2010)	16.8%	8 th
Racial and ethnic minorities (2010)	5.5%	8 th
Not fluent in English (2000)	0.26%	16 th
Living in poverty (1999)	3.7%	21 st
Less than a high school education (2000)	4.5%	25 th
Single parent households (2010)	5.8%	22 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	240	227	242
2. Heart Disease	245	191	237
3. Chronic Lower Respiratory Diseases	65	51	61
4. Cerebrovascular Diseases	93	50	61
5. Alzheimer's Disease	175	48	38
6. Unintentional Injuries	29	36	40
7. Influenza and Pneumonia	32	26	24
8. Diabetes Mellitus	15	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	21	20	19
10. Septicemia	15	11	10
All Causes	1,166	884	969

Shading indicates a significant difference from the state.

Falmouth has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual Lyme disease cases per 100,000	91 (2005-07)	35 (2002-04)	163%
Home and nurse visits per 1,000**	45.2 (2007)	35.9 (2006)	26%

Falmouth has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Births per 1,000 women 15 to 44	47.8 (2002-06)	59.6 (1997-01)	20%

Falmouth has...

High levels of	Low levels of
Lyme disease	Eligibility for free or reduced school lunches
Home and nurse visits**	Violent crimes
Depression**	Substance use arrests

Represents the highest and lowest percentages among all significant indicators listed on the next page.

**Among those with private insurance, and by region that also includes Cumberland, Long Island, North Yarmouth, and Yarmouth.

FALMOUTH Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)**	68.6	59.1	16%
Asthma per 1,000 (2007)**	34.4	30.2	14%

FALMOUTH Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)**	3.4	8.6	61%
Diabetes per 1,000 (2007)**	25.6	43.0	40%
Colorectal cancer per 1,000 (2007)**	0.8	1.3	38%
Coronary heart disease per 1,000 (2007)**	11.0	14.4	24%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)**	45.2	25.9	74%

HEALTH ACCESS	Value	State value	% lower
Disabled (2000)	9.2%	20.0%	54%
Emergency department visits per 1,000 (2007)**	101.6	191.2	47%
Hospital visits per 1,000 (2007)**	108.8	126.1	14%

INFECTIOUS DISEASE	Value	State value	% higher
Annual Lyme disease per 100,000 (2005-07)	91	28	224%

INFECTIOUS DISEASE	Value	State value	% lower
Annual chlamydia per 100,000 (2005-07)	76	180	58%

SUBSTANCE USE	Value	State value	% lower
Annual substance use arrests per 1,000 (2004-08)	2.4	13.4	82%
Controlled substance prescriptions per person (2008)	1.35	1.76	23%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)	4.8%	43.0%	89%

INJURY AND VIOLENCE	Value	State value	% lower
Annual violent crimes per 10,000 (2004-08)	1.7	11.4	85%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	32.0%	35.8%	10%

**Among those with private insurance, and by region that also includes Cumberland, Long Island, North Yarmouth, and Yarmouth.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

Last revised 08/03/2011.



Freeport

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	7,879	12 th
Population change between 2000 and 2010	-0.1%	21 st
Population per square mile (2010)	227	12 th
Median age (2010)	45.0	Tie 9 th
Under 18 (2010)	22.8%	7 th
65 and over (2010)	15.3%	13 th
Racial and ethnic minorities (2010)	5.6%	7 th
Not fluent in English (2000)	0.25%	17 th
Living in poverty (1999)	5.9%	12 th
Less than a high school education (2000)	10.1%	14 th
Single parent households (2010)	7.8%	11 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	201	227	242
2. Heart Disease	206	191	237
3. Chronic Lower Respiratory Diseases	48	51	61
4. Cerebrovascular Diseases	81	50	61
5. Alzheimer's Disease	43	48	38
6. Unintentional Injuries	30	36	40
7. Influenza and Pneumonia	53	26	24
8. Diabetes Mellitus	18	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	30	20	19
10. Septicemia	**	11	10
All Causes	1,027	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Freeport has a significant INCREASE in...

Indicator	Current	Prior	% increase
Hospital visits per 1,000***	145.6 (2007)	131.6 (2006)	11%

Freeport has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Disabling occupational injuries per 1,000 workers	30.7 (2008)	53.9 (2007)	43%

Freeport has...

High levels of	Low levels of
Lyme disease	Violent crimes
Disabling occupational injuries	Eligibility for free or reduced school lunches****
Hospital visits***	Chlamydia

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Gray, New Gloucester, and Pownal.

****Part of Regional School Unit 5, which also includes Pownal.

FREEPORT Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Hospital visits per 1,000 (2007)***	145.6	126.1	15%

FREEPORT Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Disabled (2000)	12.7%	20.0%	36%
Emergency department visits per 1,000 (2007)***	137.6	191.2	28%
Home and nurse visits per 1,000 (2007)***	22.4	25.9	14%

INJURY AND VIOLENCE	Value	State value	% higher
Disabling occupational injuries per 1,000 workers (2008)	30.7	21.0	46%

INJURY AND VIOLENCE	Value	State value	% lower
Annual violent crimes per 10,000 (2004-08)	3.2	11.4	72%
Annual domestic violence crimes per 10,000 (2004-06)	25.3	41.2	39%

INFECTIOUS DISEASE	Value	State value	% higher
Annual Lyme disease per 100,000 (2005-07)	62	28	119%

INFECTIOUS DISEASE	Value	State value	% lower
Annual chlamydia per 100,000 (2005-07)	82	180	54%

SUBSTANCE USE	Value	State value	% lower
Annual substance use arrests per 1,000 (2004-08)	10.4	13.4	22%
Controlled substance prescriptions per person (2008)	1.49	1.76	15%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)****	19.6%	43.0%	54%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	24.9%	35.8%	30%

CHRONIC DISEASE	Value	State value	% lower
Diabetes per 1,000 (2007)***	33.2	43.0	23%

***Among those with private insurance, and by region that also includes Gray, New Gloucester, and Pownal.

****Part of Regional School Unit 5, which also includes Pownal.

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Gorham

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	16,381	7 th
Population change between 200 and 2010	+13.7%	4 th
Population per square mile (2010)	323	10 th
Median age (2010)	38.0	26 th
Under 18 (2010)	22.6%	9 th
65 and over (2010)	11.9%	23 rd
Racial and ethnic minorities (2010)	4.2%	Tie 11 th
Not fluent in English (2000)	0.14%	20 th
Living in poverty (1999)	7.4%	10 th
Less than a high school education (2000)	8.5%	18 th
Single parent households (2010)	8.1%	9 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	164	227	242
2. Heart Disease	156	191	237
3. Chronic Lower Respiratory Diseases	50	51	61
4. Cerebrovascular Diseases	43	50	61
5. Alzheimer's Disease	26	48	38
6. Unintentional Injuries	28	36	40
7. Influenza/Pneumonia	24	26	24
8. Diabetes Mellitus	16	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	12	20	19
10. Septicemia	**	11	10
All Causes	695	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Gorham has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual chlamydia cases per 100,000	167 (2005-07)	92 (2002-04)	82%
Annual substance use arrests per 1,000	17.7 (2004-08)	9.7 (1999-03)	82%
Eligibility for free or reduced school lunches	18.9% (2009-10)	16.0% (2008-09)	18%
Hospital visits per 1,000***	137.9 (2007)	126.7 (2006)	9%

Gorham has...

High levels of	Low levels of
Lyme disease	Disabling occupational injuries
Home and nurse visits***	Eligibility for free or reduced school lunches
Substance use arrests	Enteric diseases

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that includes Westbrook.

GORHAM Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)***	44.8	25.9	73%
Hospital visits per 1,000 (2007)***	137.9	126.1	9%

CHRONIC DISEASE	Value	State value	% higher
Asthma per 1,000 (2007)***	34.1	30.2	13%
Depression per 1,000 (2007)***	66.4	59.1	12%

INFECTIOUS DISEASE	Value	State value	% higher
Annual Lyme disease per 100,000 (2005-07)	65	28	130%

SUBSTANCE USE	Value	State value	% higher
Annual substance use arrests per 1,000 (2004-08)	17.7	13.4	32%

GORHAM Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)***	112.8	191.2	41%
Disabled (2000)	14.3%	20.0%	29%

CHRONIC DISEASE	Value	State value	% lower
Breast cancer per 1,000 (2007)***	3.8	5.5	30%

INFECTIOUS DISEASE	Value	State value	% lower
Annual enteric diseases per 100,000 (2005-07)	26	45	42%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.41	1.76	20%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)	18.9%	43.0%	56%
Annual births per 1,000 women 15 to 44 (2002-06)	48.0	52.0	8%

INJURY AND VIOLENCE	Value	State value	% lower
Disabling occupational injuries per 1,000 workers (2008)	12.7	21.0	60%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	22.8%	35.8%	36%

***Among those with private insurance, and by region that also includes Westbrook.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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Gray

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	7,761	13 th
Population change between 200 and 2010	+0.7%	20 th
Population per square mile (2010)	179	14 th
Median age (2010)	40.6	20 th
Under 18 (2010)	21.3%	Tie 17 th
65 and over (2010)	10.8%	25 th
Racial and ethnic minorities (2010)	3.5%	16 th
Not fluent in English (2000)	0.53%	6 th
Living in poverty (1999)	2.6%	25 th
Less than a high school education (2000)	8.8%	16 th
Single parent households (2010)	7.9%	10 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	204	227	242
2. Heart Disease	104	191	237
3. Chronic Lower Respiratory Diseases	22	51	61
4. Cerebrovascular Diseases	25	50	61
5. Alzheimer's Disease	**	48	38
6. Unintentional Injuries	28	36	40
7. Influenza/Pneumonia	**	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	17	20	19
10. Septicemia	**	11	10
All Causes	534	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Gray has a significant INCREASE in...

Indicator	Current	Prior	% increase
Births per 1,000 women 15 to 44	67.8 (2002-06)	55.2 (1997-01)	23%
Hospital visits per 1,000***	145.6 (2007)	131.6 (2006)	11%
Controlled substance prescriptions per person	1.56 (2008)	1.46 (2007)	7%

Gray has...

High levels of	Low levels of
Births	Housing built before 1950
Hospital visits***	Disabling occupational injuries
	Chlamydia

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Freeport, New Gloucester, and Pownal.

****Part of School Administrative District 15, which also includes New Gloucester.

GRAY Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Hospital visits per 1,000 (2007)***	145.6	126.1	15%

GRAY Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)***	137.6	191.2	28%
Home and nurse visits per 1,000 (2007)***	22.4	25.9	14%
Disabled (2000)	18.0%	20.0%	10%

FAMILY HEALTH	Value	State value	% higher
Annual births per 1,000 women 15 to 44 (2002-06)	67.8	52.0	30%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)****	29.3%	43.0%	32%

ORAL HEALTH
Gray does not fluoridate its public drinking water.

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	18.0%	35.8%	50%

INJURY AND VIOLENCE	Value	State value	% lower
Disabling occupational injuries per 1,000 workers (2008)	13.2	21.0	37%

INFECTIOUS DISEASE	Value	State value	% lower
Annual chlamydia per 100,000 (2005-07)	117	180	35%

CHRONIC DISEASE	Value	State value	% lower
Diabetes per 1,000 (2007)***	33.2	43.0	23%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.56	1.76	11%

***Among those with private insurance, and by region that also includes Freeport, New Gloucester, and Pownal.

****Part of School Administrative District 15, which also includes New Gloucester.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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Harpswell

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	4,740	17 th
Population change between 200 and 2010	-10.5%	25 th
Population per square mile (2010)	196	13 th
Median age (2010)	52.9	2 nd
Under 18 (2010)	15.0%	27 th
65 and over (2010)	25.9%	4 th
Racial and ethnic minorities (2010)	3.0%	Tie 23 rd
Not fluent in English (2000)	0.92%	2 nd
Living in poverty (1999)	5.6%	14 th
Less than a high school education (2000)	11.1%	9 th
Single parent households (2010)	5.6%	24 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	284	227	242
2. Heart Disease	169	191	237
3. Chronic Lower Respiratory Diseases	38	51	61
4. Cerebrovascular Diseases	69	50	61
5. Alzheimer's Disease	**	48	38
6. Unintentional Injuries	**	36	40
7. Influenza/Pneumonia	**	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	830	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Harpswell has a significant INCREASE in...

Indicator	Current	Prior	% increase
Controlled substance prescriptions per person	1.40 (2008)	1.27 (2007)	10%

Harpswell has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Hospital visits per 1,000***	112.0 (2007)	146.1 (2006)	23%

Harpswell has...

High levels of	Low levels of
Depression***	Home and nurse visits***
	Chlamydia
	Housing built before 1950

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that includes Brunswick.

HARPSWELL Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007) ^{***}	79.4	59.1	34%

ORAL HEALTH
Harpswell does not fluoridate its public drinking water.

HARPSWELL Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Home and nurse visits per 1,000 (2007) ^{***}	10.3	25.9	60%
Hospital visits per 1,000 (2007) ^{***}	112.0	126.1	11%

INFECTIOUS DISEASE	Value	State value	% lower
Annual chlamydia per 100,000 (2005-07)	83	180	54%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	26.2%	35.8%	27%

FAMILY HEALTH	Value	State value	% lower
Annual births per 1,000 women 15 to 44 (2002-06)	39.6	52.0	24%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.40	1.76	21%

^{***}Among those with private insurance, and by region that also includes Brunswick.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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Harrison

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	2,730	22 nd
Population change between 200 and 2010	+15.2%	3 rd
Population per square mile (2010)	83	24 th
Median age (2010)	45.3	Tie 7 th
Under 18 (2010)	21.3%	Tie 17 th
65 and over (2010)	15.5%	12 th
Racial and ethnic minorities (2010)	3.4%	17 th
Not fluent in English (2000)	0.46%	8 th
Living in poverty (1999)	9.3%	5 th
Less than a high school education (2000)	12.1%	7 th
Single parent households (2010)	8.5%	7 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	334	227	242
2. Heart Disease	154	191	237
3. Chronic Lower Respiratory Diseases	60	51	61
4. Cerebrovascular Diseases	**	50	61
5. Alzheimer's Disease	**	48	38
6. Unintentional Injuries	**	36	40
7. Influenza/Pneumonia	**	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	822	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Harrison has a significant INCREASE in...

Indicator	Current	Prior	% increase
Home and nurse visits per 1,000***	42.1 (2007)	33.6 (2006)	25%

Harrison has...

High levels of	Low levels of
Eligibility for free or reduced school lunches	Housing built before 1950
Home and nurse visits***	Emergency department visits***
Hospital visits***	

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes includes Baldwin, Bridgton, Casco, Naples, Sebago, and Standish.

HARRISON Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007) ^{***}	42.1	25.9	62%
Hospital visits per 1,000 (2007) ^{***}	160.8	126.1	28%
Harrison is a designated Mental Health Professional Shortage Area.			

HARRISON Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007) ^{***}	167.7	191.2	12%

ORAL HEALTH
Harrison does not fluoridate its public drinking water.
Harrison is a designated Dental Health Professional Shortage Area.

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	24.2%	35.8%	32%

FAMILY HEALTH	Value	State value	% higher
Eligibility for free or reduced school lunches (2009-10)	71.8%	43.0%	67%

SUBSTANCE USE	Value	State value	% higher
Controlled substance prescriptions per person (2008)	2.13	1.76	21%

^{***}Among those with private insurance, and by region that also includes Baldwin, Bridgton, Casco, Naples, Sebago, and Standish.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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Long Island

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	230	27 th
Population change between 200 and 2010	+12.2%	7 th
Population per square mile (2010)	161	17 th
Median age (2010)	52.0	3 rd
Under 18 (2010)	20.4%	20 th
65 and over (2010)	28.7%	3 rd
Racial and ethnic minorities (2010)	7.8%	5 th
Not fluent in English (2000)	0.00%	Tie 24 th
Living in poverty (1999)	10.0%	4 th
Less than a high school education (2000)	6.6%	20 th
Single parent households (2010)	3.0%	27 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	906	227	242
2. Heart Disease	**	191	237
3. Chronic Lower Respiratory Diseases	**	51	61
4. Cerebrovascular Diseases	**	50	61
5. Alzheimer's Disease	**	48	38
6. Unintentional Injuries	**	36	40
7. Influenza and Pneumonia	**	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	2,216	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Long Island has a significant INCREASE in...

Indicator	Current	Prior	% increase
Home and nurse visits per 1,000***	45.2 (2007)	35.9 (2006)	26%

Long Island has...

High levels of	Low levels of
Housing built before 1950	Smoking-related diagnoses***
Home and nurse visits***	Disability
Depression***	Emergency department visits***

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Cumberland, Falmouth, North Yarmouth, and Yarmouth.

LONG ISLAND Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007) ^{***}	68.6	59.1	16%
Asthma per 1,000 (2007) ^{***}	34.4	30.2	14%

LONG ISLAND Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007) ^{***}	3.4	8.6	61%
Diabetes per 1,000 (2007) ^{***}	25.6	43.0	40%
Colorectal cancer per 1,000 (2007) ^{***}	0.8	1.3	38%
Coronary heart disease per 1,000 (2007) ^{***}	11.0	14.4	24%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007) ^{***}	45.2	25.9	74%
Long Island is a designated Primary Care Health Professional Shortage Area.			

HEALTH ACCESS	Value	State value	% lower
Disabled (2000)	10.3%	20.0%	49%
Emergency department visits per 1,000 (2007) ^{***}	101.6	191.2	47%
Hospital visits per 1,000 (2007) ^{***}	108.8	126.1	14%

ENVIRONMENTAL HEALTH	Value	State value	% higher
Housing built before 1950 (2000)	80.5%	35.8%	125%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.10	1.76	37%

ORAL HEALTH
Long Island does not fluoridate its public drinking water.

^{***}Among those with private insurance, and by region that also includes Cumberland, Falmouth, North Yarmouth, and Yarmouth.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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Naples

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	3,872	19 th
Population change between 200 and 2010	+7.3%	13 th
Population per square mile (2010)	122	19 th
Median age (2010)	42.9	15 th
Under 18 (2010)	22.2%	12 th
65 and over (2010)	13.6%	18 th
Racial and ethnic minorities (2010)	3.2%	Tie 19 th
Not fluent in English (2000)	0.39%	11 th
Living in poverty (1999)	7.6%	9 th
Less than a high school education (2000)	12.6%	5 th
Single parent households (2010)	9.8%	2 nd

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	282	227	242
2. Heart Disease	229	191	237
3. Chronic Lower Respiratory Diseases	59	51	61
4. Cerebrovascular Diseases	35	50	61
5. Alzheimer's Disease	**	48	38
6. Unintentional Injuries	41	36	40
7. Influenza/Pneumonia	**	26	24
8. Diabetes Mellitus	35	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	958	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Naples has a significant INCREASE in...

Indicator	Current	Prior	% increase
Eligibility for free or reduced school lunches***	60.2% (2009-10)	47.4% (2008-09)	27%
Home and nurse visits per 1,000****	42.1 (2007)	33.6 (2006)	25%

Naples has...

High levels of	Low levels of
Home and nurse visits****	Housing built before 1950
Eligibility for free or reduced school lunches***	Emergency department visits****
Hospital visits****	

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Part of School Administrative District 61, which also includes Bridgton, Casco, and Sebago.

****Among those with private insurance, and by region that also includes Baldwin, Bridgton, Casco, Harrison, Sebago, and Standish.

NAPLES Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)****	42.1	25.9	62%
Hospital visits per 1,000 (2007)****	160.8	126.1	28%
Disabled (2000)	21.8%	20.0%	9%
Naples is a designated Mental Health Professional Shortage Area.			

NAPLES Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)****	167.7	191.2	12%

ORAL HEALTH
Naples does not fluoridate its public drinking water.
Naples is a designated Dental Health Professional Shortage Area.

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	18.4%	35.8%	48%

FAMILY HEALTH	Value	State value	% higher
Eligibility for free or reduced school lunches (2009-10)***	60.2%	43.0%	40%

SUBSTANCE USE	Value	State value	% higher
Controlled substance prescriptions per person (2008)	1.97	1.76	12%

***Part of School Administrative District 61, which also includes Bridgton, Casco, and Sebago.

****Among those with private insurance, and by region that also includes Baldwin, Bridgton, Casco, Harrison, Sebago, and Standish.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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New Gloucester

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	5,542	15 th
Population change between 200 and 2010	+13.3%	5 th
Population per square mile (2010)	118	21 st
Median age (2010)	39.5	22 nd
Under 18 (2010)	24.5%	5 th
65 and over (2010)	8.5%	28 th
Racial and ethnic minorities (2010)	3.0%	23 rd
Not fluent in English (2000)	0.04%	23 rd
Living in poverty (1999)	5.4%	15 th
Less than a high school education (2000)	10.5%	11 th
Single parent households (2010)	7.8%	Tie 11 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	157	227	242
2. Heart Disease	86	191	237
3. Chronic Lower Respiratory Diseases	35	51	61
4. Cerebrovascular Diseases	24	50	61
5. Alzheimer's Disease	24	48	38
6. Unintentional Injuries	**	36	40
7. Influenza/Pneumonia	**	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	455	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

New Gloucester has a significant INCREASE in...

Indicator	Current	Prior	% increase
Hospital visits per 1,000***	145.6 (2007)	131.6 (2006)	11%
Controlled substance prescriptions per person	1.34 (2008)	1.28 (2007)	5%

New Gloucester has...

High levels of	Low levels of
Births	Housing built before 1950
Hospital visits***	Eligibility for free or reduced school lunches****
	Emergency department visits***

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Freeport, Gray, and Pownal.

****Part of School Administrative District 15, which also includes Gray.

NEW GLOUCESTER Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Hospital visits per 1,000 (2007)***	145.6	126.1	15%

NEW GLOUCESTER Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)***	137.6	191.2	28%
Disabled (2000)	15.1%	20.0%	25%
Home and nurse visits per 1,000 (2007)***	22.4	25.9	14%

FAMILY HEALTH	Value	State value	% higher
Annual births per 1,000 women 15 to 44 (2002-06)	68.0	52.0	31%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)****	29.3%	43.0%	32%

ORAL HEALTH
New Gloucester does not fluoridate its public drinking water.

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	17.3%	35.8%	52%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.34	1.76	24%

CHRONIC DISEASE	Value	State value	% lower
Diabetes per 1,000 (2007)***	33.2	43.0	23%

***Among those with private insurance, and by region that also includes Freeport, Gray, and Pownal.

****Part of School Administrative District 15, which also includes Gray.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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North Yarmouth

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	3,565	21 st
Population change between 200 and 2010	+10.0%	10 th
Population per square mile (2010)	169	15 th
Median age (2010)	42.5	17 th
Under 18 (2010)	26.6%	2 nd
65 and over (2010)	10.4%	26 th
Racial and ethnic minorities (2010)	3.2%	Tie 19 th
Not fluent in English (2000)	0.20%	18 th
Living in poverty (1999)	2.3%	26 th
Less than a high school education (2000)	4.5%	23 rd
Single parent households (2010)	6.6%	19 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	183	227	242
2. Heart Disease	101	191	237
3. Chronic Lower Respiratory Diseases	**	51	61
4. Cerebrovascular Diseases	**	50	61
5. Alzheimer's Disease	**	48	38
6. Unintentional Injuries	**	36	40
7. Influenza/Pneumonia	**	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	491	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

North Yarmouth has a significant INCREASE in...

Indicator	Current	Prior	% increase
Home and nurse visits per 1,000***	45.2 (2007)	35.9 (2006)	26%
Controlled substance prescriptions per person	1.02 (2008)	0.93 (2007)	10%

North Yarmouth has...

High levels of	Low levels of
Lyme disease	Eligibility for free or reduced school lunches****
Home and nurse visits***	Smoking-related diagnoses***
Depression***	Housing built before 1950

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Cumberland, Falmouth, Long Island, and Yarmouth.

****Part of School Administrative District 51, which also includes Cumberland.

NORTH YARMOUTH Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)***	68.6	59.1	16%
Asthma per 1,000 (2007)***	34.4	30.2	14%

NORTH YARMOUTH Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)***	3.4	8.6	61%
Diabetes per 1,000 (2007)***	25.6	43.0	40%
Colorectal cancer per 1,000 (2007)***	0.8	1.3	38%
Coronary heart disease per 1,000 (2007)***	11.0	14.4	24%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)***	45.2	25.9	74%

HEALTH ACCESS	Value	State value	% lower
Disabled (2000)	9.9%	20.0%	51%
Emergency department visits per 1,000 (2007)***	101.6	191.2	47%
Hospital visits per 1,000 (2007)***	108.8	126.1	14%

INFECTIOUS DISEASE	Value	State value	% higher
Annual Lyme disease per 100,000 (2005-07)	114	28	305%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)****	9.2%	43.0%	79%

ORAL HEALTH
North Yarmouth does not fluoridate its public drinking water.

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	16.0%	35.8%	55%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.02	1.76	42%

***Among those with private insurance, and by region that also includes Cumberland, Falmouth, Long Island, and Yarmouth.

****Part of School Administrative District 51, which also includes Cumberland.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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Portland

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	66,194	1 st
Population change between 200 and 2010	+2.9%	18 th
Population per square mile (2010)	3,121	1 st
Median age (2010)	36.7	27 th
Under 18 (2010)	17.1%	26 th
65 and over (2010)	12.6%	12 th
Racial and ethnic minorities (2010)	16.4%	1 st
Not fluent in English (2000)	1.97%	1 st
Living in poverty (1999)	14.1%	2 nd
Less than a high school education (2000)	11.7%	8 th
Single parent households (2010)	7.8%	Tie 11 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	City	County	State
1. Cancer	256	227	242
2. Heart Disease	239	191	237
3. Chronic Lower Respiratory Diseases	53	51	61
4. Cerebrovascular Diseases	53	50	61
5. Alzheimer's Disease	61	48	38
6. Unintentional Injuries	49	36	40
7. Influenza and Pneumonia	34	26	24
8. Diabetes Mellitus	28	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	28	20	19
10. Septicemia	18	11	10
All Causes	1,061	884	969

Shading indicates a significant difference from the state.

Portland has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual substance use arrests per 1,000	14.2 (2004-08)	9.3 (1999-03)	53%
Annual violent crimes per 10,000	40.8 (2004-08)	32.2 (1999-03)	27%
Annual chlamydia cases per 100,000	367 (2005-07)	292 (2002-04)	26%
Annual domestic violence crimes per 10,000	86.4 (2004-06)	77.8 (2001-03)	11%
Eligibility for free or reduced school lunches	48.8% (2009-10)	45.0% (2008-09)	8%
Controlled substance prescriptions per person	1.98 (2008)	1.89 (2007)	5%

Portland has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Home and nurse visits per 1,000**	29.5 (2007)	36.3 (2006)	19%
Hospital visits per 1,000**	119.1 (2007)	146.2 (2006)	19%

Portland has...

High levels of	Low levels of
Violent crimes	Lyme disease
Domestic violence crimes	Smoking-related diagnoses**
Chlamydia	Emergency department visits**

Represents the highest and lowest percentages among all significant indicators listed on the next page.

**Among those with private insurance.

PORTLAND Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)**	86.3	59.1	46%
Asthma per 1,000 (2007)**	33.4	30.2	11%

PORTLAND Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)**	5.9	8.6	32%
Coronary heart disease per 1,000 (2007)**	10.3	14.4	28%
Diabetes per 1,000 (2007)**	34.9	43.0	19%

INFECTIOUS DISEASE	Value	State value	% higher
Annual chlamydia per 100,000 (05-07)	367	180	103%
Annual enteric diseases per 100,000 (2005-07)	74	45	62%

INFECTIOUS DISEASE	Value	State value	% lower
Annual Lyme disease per 100,000 (2005-07)	15	28	48%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)**	29.5	25.9	14%

HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)**	131.4	191.2	31%
Hospital visits per 1,000 (2007)**	119.1	126.1	6%

FAMILY HEALTH	Value	State value	% higher
Eligibility for free or reduced school lunches (2009-10)	48.8%	43.0%	13%

FAMILY HEALTH	Value	State value	% lower
Annual births per 1,000 women 15 to 44 (2002-06)	49.0	52.0	6%

INJURY AND VIOLENCE	Value	State value	% higher
Annual violent crimes per 10,000 (2004-08)	40.8	11.4	259%
Annual domestic violence crimes per 10,000 (2004-06)	86.4	41.2	110%
Disabling occupational injuries per 1,000 workers (2008)	37.4	21.0	78%

SUBSTANCE USE	Value	State value	% higher
Controlled substance prescriptions per person (2008)	1.98	1.76	12%
Annual substance use arrests per 1,000 (2004-08)	14.2	13.4	6%

ENVIRONMENTAL HEALTH	Value	State value	% higher
Housing built before 1950 (2000)	57.7%	35.8%	61%

**Among those with private insurance.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

Last revised 08/04/2011.



Pownal

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	1,474	25 th
Population change between 200 and 2010	+15.2%	2 nd
Population per square mile (2010)	64	25 th
Median age (2010)	44.6	Tie 12 th
Under 18 (2010)	21.5%	Tie 15 th
65 and over (2010)	13.2%	20 th
Racial and ethnic minorities (2010)	2.7%	25 th
Not fluent in English (2000)	0.14%	21 st
Living in poverty (1999)	4.3%	18 th
Less than a high school education (2000)	10.5%	12 th
Single parent households (2010)	5.8%	22 nd

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	247	227	242
2. Heart Disease	**	191	237
3. Chronic Lower Respiratory Diseases	**	51	61
4. Cerebrovascular Diseases	**	50	61
5. Alzheimer's Disease	**	48	38
6. Unintentional Injuries	**	36	40
7. Influenza/Pneumonia	**	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	690	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Pownal has a significant INCREASE in...

Indicator	Current	Prior	% increase
Hospital visits per 1,000***	145.6 (2007)	131.6 (2006)	11%

Pownal has...

High levels of	Low levels of
Hospital visits***	Eligibility for free or reduced school lunches****
	Disability
	Controlled substance prescriptions

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Freeport, Gray, and New Gloucester.

****Part of Regional School Unit 5, which also includes Freeport.

POWNAI Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Hospital visits per 1,000 (2007) ^{***}	145.6	126.1	15%

POWNAI Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Disabled (2000)	14.0%	20.0%	30%
Emergency department visits per 1,000 (2007) ^{***}	137.6	191.2	28%
Home and nurse visits per 1,000 (2007) ^{***}	22.4	25.9	14%

ORAL HEALTH
Pownal does not fluoridate its public drinking water.

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2007-08) ^{****}	19.6%	43.0%	54%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.23	1.76	30%

CHRONIC DISEASE	Value	State value	% lower
Diabetes per 1,000 (2007) ^{***}	33.2	43.0	23%

^{***}Among those with private insurance, and by region that also includes Freeport, Gray, and New Gloucester.

^{****}Part of Regional School Unit 5, which also includes Freeport.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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Raymond

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	4,436	18 th
Population change between 200 and 2010	+3.1%	17 th
Population per square mile (2010)	133	18 th
Median age (2010)	44.6	Tie 12 th
Under 18 (2010)	22.0%	13 th
65 and over (2010)	13.2%	20 th
Racial and ethnic minorities (2010)	3.3%	18 th
Not fluent in English (2000)	0.54%	5 th
Living in poverty (1999)	4.0%	20 th
Less than a high school education (2000)	10.6%	10 th
Single parent households (2010)	7.1%	16 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	188	227	242
2. Heart Disease	103	191	237
3. Chronic Lower Respiratory Diseases	31	51	61
4. Cerebrovascular Diseases	**	50	61
5. Alzheimer's Disease	27	48	38
6. Unintentional Injuries	27	36	40
7. Influenza/Pneumonia	**	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	653	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Raymond has a significant INCREASE in...

Indicator	Current	Prior	% increase
Home and nurse visits per 1,000***	49.2 (2007)	37.2 (2006)	32%
Eligibility for free or reduced school lunches****	30.1% (2009-10)	25.8% (2008-09)	17%
Controlled substance prescriptions per person	1.70 (2008)	1.59 (2007)	6%

Raymond has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Hospital visits per 1,000***	116.0 (2007)	130.6 (2006)	11%

Raymond has...

High levels of	Low levels of
Home and nurse visits***	Housing built before 1950
Depression***	Emergency department visits***
	Eligibility for free or reduced school lunches****

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Windham.

****Part of Regional School Unit 14, which also includes Windham.

RAYMOND Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)***	49.2	25.9	90%

RAYMOND Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)***	116.6	191.2	39%
Disabled (2000)	15.5%	20.0%	23%
Hospital visits per 1,000 (2007)***	116.0	126.1	8%

CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)***	65.0	59.1	10%

CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)***	6.2	8.6	28%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)****	30.1%	43.0%	30%
Annual births per 1,000 women 15 to 44 (2002-06)	42.5	52.0	18%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	17.5%	35.8%	51%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.70	1.76	4%

***Among those with private insurance, and by region that also includes Windham.

****Part of Regional School Unit 14, which also includes Windham.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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Scarborough

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	18,919	4 th
Population change between 200 and 2010	+10.3%	9 th
Population per square mile (2010)	397	7 th
Median age (2010)	34.5	14 th
Under 18 (2010)	23.6%	6 th
65 and over (2010)	17.2%	7 th
Racial and ethnic minorities (2010)	5.9%	6 th
Not fluent in English (2000)	0.39%	12 th
Living in poverty (1999)	4.0%	19 th
Less than a high school education (2000)	6.3%	21 st
Single parent households (2010)	6.5%	20 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	235	227	242
2. Heart Disease	178	191	237
3. Chronic Lower Respiratory Diseases	45	51	61
4. Cerebrovascular Diseases	55	50	61
5. Alzheimer's Disease	52	48	38
6. Unintentional Injuries	21	36	40
7. Influenza/Pneumonia	35	26	24
8. Diabetes Mellitus	21	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	18	20	19
10. Septicemia	11	11	10
All Causes	839	884	969

Shading indicates a significant difference from the state.

Scarborough has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual domestic violence crimes per 10,000	24.8 (2004-06)	15.6 (2001-03)	59%
Eligibility for free or reduced school lunches	15.6% (2009-10)	12.9% (2008-09)	21%
Controlled substance prescriptions per person	1.58 (2008)	1.44 (2007)	9%

Scarborough has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Hospital visits per 1,000***	88.2 (2007)	120.1 (2006)	27%
Births per 1,000 women 15 to 44	48.5 (2002-06)	56.6 (1997-01)	14%

Scarborough has...

High levels of	Low levels of
Disabling occupational injuries	Eligibility for free or reduced school lunches
Home and nurse visits**	Housing built before 1950
Depression**	Violent crimes

Represents the highest and lowest percentages among all significant indicators listed on the next page.

**Among those with private insurance, and by region that includes Cape Elizabeth.

SCARBOROUGH Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)**	33.9	25.9	31%

CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)**	66.7	59.1	13%

INJURY AND VIOLENCE	Value	State value	% higher
Disabling occupational injuries per 1,000 workers (2008)	28.2	21.0	34%

SCARBOROUGH Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)**	114.5	191.2	40%
Disabled (2000)	12.3%	20.0%	39%
Hospital visits per 1,000 (2007)**	88.2	126.1	30%

CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)**	5.3	8.6	39%
Diabetes per 1,000 (2007)**	32.4	43.0	25%
Coronary heart disease per 1,000 (2007)**	11.6	14.4	19%

INJURY AND VIOLENCE	Value	State value	% lower
Annual violent crimes per 10,000 (2004-08)	6.4	11.4	44%
Annual domestic violence crimes per 10,000 (2004-06)	24.8	41.2	40%

SUBSTANCE USE	Value	State value	% lower
Annual substance use arrests per 1,000 (2004-08)	10.9	13.4	19%
Controlled substance prescriptions per person (2008)	1.58	1.76	11%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)	15.6%	43.0%	64%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	17.7%	35.8%	50%

INFECTIOUS DISEASE	Value	State value	% lower
Annual chlamydia per 100,000 (2005-07)	104	180	42%

**Among those with private insurance, and by region that includes Cape Elizabeth.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.



Sebago

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	1,719	23 rd
Population change between 200 and 2010	-1.2%	23 rd
Population per square mile (2010)	52	26 th
Median age (2010)	44.7	11 th
Under 18 (2010)	20.2%	22 nd
65 and over (2010)	15.8%	11 th
Racial and ethnic minorities (2010)	3.1%	22 nd
Not fluent in English (2000)	0.00%	Tie 24 th
Living in poverty (1999)	5.8%	13 th
Less than a high school education (2000)	7.9%	19 th
Single parent households (2010)	6.9%	17 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	261	227	242
2. Heart Disease	206	191	237
3. Chronic Lower Respiratory Diseases	**	51	61
4. Cerebrovascular Diseases	110	50	61
5. Alzheimer's Disease	**	48	38
6. Unintentional Injuries	**	36	40
7. Influenza and Pneumonia	**	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	1,071	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Sebago has a significant INCREASE in...

Indicator	Current	Prior	% increase
Eligibility for free or reduced school lunches***	60.2% (2009-10)	47.4% (2008-09)	27%
Home and nurse visits per 1,000****	42.1 (2007)	33.6 (2006)	25%

Sebago has...

High levels of	Low levels of
Home and nurse visits****	Emergency department visits****
Eligibility for free or reduced school lunches***	
Hospital visits****	

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Part of School Administrative District 61, which also includes Bridgton, Casco, and Naples.

****Among those with private insurance, and by region that also includes Baldwin, Bridgton, Casco, Harrison, Naples, and Standish.

SEBAGO Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)****	42.1	25.9	62%
Hospital visits per 1,000 (2007)****	160.8	126.1	28%
Sebago is a designated Mental Health Professional Shortage Area.			

SEBAGO Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)****	167.7	191.2	12%

ORAL HEALTH
Sebago does not fluoridate its public drinking water.
Sebago is a designated Dental Health Professional Shortage Area.

FAMILY HEALTH	Value	State value	% higher
Eligibility for free or reduced school lunches (2009-10)***	60.2%	43.0%	40%

SUBSTANCE USE	Value	State value	% higher
Controlled substance prescriptions per person (2008)	1.96	1.76	11%

***Part of School Administrative District 61, which also includes Bridgton, Casco, and Naples.

****Among those with private insurance, and by region that also includes Baldwin, Bridgton, Casco, Harrison, Naples, and Standish.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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South Portland

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	25,002	2 nd
Population change between 2000 and 2010	+6.7%	14 th
Population per square mile (2010)	2,085	2 nd
Median age (2010)	39.4	Tie 23 rd
Under 18 (2010)	20.4%	20 th
65 and over (2010)	13.6%	18 th
Racial and ethnic minorities (2010)	10.0%	2 nd
Not fluent in English (2000)	0.82%	3 rd
Living in poverty (1999)	6.7%	11 th
Less than a high school education (2000)	10.3%	13 th
Single parent households (2010)	9.5%	3 rd

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	City	County	State
1. Cancer	257	227	242
2. Heart Disease	186	191	237
3. Chronic Lower Respiratory Diseases	55	51	61
4. Cerebrovascular Diseases	47	50	61
5. Alzheimer's Disease	50	48	38
6. Unintentional Injuries	37	36	40
7. Influenza/Pneumonia	25	26	24
8. Diabetes Mellitus	23	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	26	20	19
10. Septicemia	13	11	10
All Causes	909	884	969

Shading indicates a significant difference from the state.

South Portland has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual chlamydia cases per 100,000	227 (2005-07)	150 (2002-04)	51%
Annual violent crimes per 10,000	17.7 (2004-08)	12.4 (1999-03)	43%
Home and nurse visits per 1,000**	33.5 (2007)	25.7 (2006)	30%
Eligibility for free or reduced school lunches	35.4% (2009-10)	31.1% (2008-09)	14%
Controlled substance prescriptions per person	1.81 (2008)	1.64 (2007)	10%

South Portland has...

High levels of	Low levels of
Disabling occupational injuries	Emergency department visits**
Violent crimes	Smoking-related diagnoses**
Depression**	Eligibility for free or reduced school lunches

Represents the highest and lowest percentages among all significant indicators listed on the next page.

**Among those with private insurance.

SOUTH PORTLAND Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)**	81.9	59.1	39%
Asthma per 1,000 (2007)**	35.7	30.2	18%
Back pain per 1,000 (2007)**	120.7	109.9	10%

SOUTH PORTLAND Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)**	6.9	8.6	20%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)**	33.5	25.9	29%
Hospital visits per 1,000 (2007)**	138.8	126.1	10%

HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)**	135.3	191.2	29%
Disabled (2000)	18.9%	20.0%	6%

FAMILY HEALTH	Value	State value	% higher
Annual births per 1,000 women 15 to 44 (2002-06)	58.0	52.0	11%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)	35.4%	43.0%	18%

INJURY AND VIOLENCE	Value	State value	% higher
Disabling occupational injuries per 1,000 workers	35.3	21.0	68%
Annual violent crimes per 10,000 (2004-08)	17.7	11.4	55%

ENVIRONMENTAL HEALTH	Value	State value	% higher
Housing built before 1950 (2000)	48.3%	35.8%	35%

INFECTIOUS DISEASE	Value	State value	% higher
Annual chlamydia per 100,000 (2005-07)	227	180	26%

SUBSTANCE USE	Value	State value	% higher
Controlled substance prescriptions per person (2008)	1.81	1.76	3%

**Among those with private insurance.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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Standish

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	9,874	9 th
Population change between 2000 and 2010	+6.0%	16 th
Population per square mile (2010)	167	16 th
Median age (2010)	33.8	25 th
Under 18 (2010)	21.7%	14 th
65 and over (2010)	10.2%	27 th
Racial and ethnic minorities (2010)	3.2%	Tie 19 th
Not fluent in English (2000)	0.07%	22 nd
Living in poverty (1999)	3.6%	22 nd
Less than a high school education (2000)	8.7%	17 th
Single parent households (2010)	8.4%	8 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	127	227	242
2. Heart Disease	90	191	237
3. Chronic Lower Respiratory Diseases	39	51	61
4. Cerebrovascular Diseases	37	50	61
5. Alzheimer's Disease	14	48	38
6. Unintentional Injuries	37	36	40
7. Influenza/Pneumonia	12	26	24
8. Diabetes Mellitus	20	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	509	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Standish has a significant INCREASE in...

Indicator	Current	Prior	% increase
Home and nurse visits per 1,000***	42.1 (2007)	33.6 (2006)	25%
Eligibility for free or reduced school lunches	39.8% (2009-10)	32.4% (2008-09)	23%
Controlled substance prescriptions per person	1.63 (2008)	1.53 (2007)	7%

Standish has...

High levels of	Low levels of
Home and nurse visits***	Disabling occupational injuries
Hospital visits***	Housing built before 1950
	Chlamydia

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Baldwin, Bridgton, Casco, Harrison, Naples, and Sebago.

STANDISH Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)***	42.1	25.9	62%
Hospital visits per 1,000 (2007)***	160.8	126.1	28%

STANDISH Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Disabled (2000)	17.0%	20.0%	15%
Emergency department visits per 1,000 (2007)***	167.7	191.2	12%

FAMILY HEALTH	Value	State value	% lower
Annual births per 1,000 women 15 to 44 (2002-06)	47.3	52.0	9%
Eligibility for free or reduced school lunches (2009-10)	39.8%	43.0%	8%

INJURY AND VIOLENCE	Value	State value	% lower
Disabling occupational injuries per 1,000 workers	7.8	21.0	63%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	15.9%	35.8%	56%

INFECTIOUS DISEASE	Value	State value	% lower
Annual chlamydia per 100,000 (2005-07)	132	180	27%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.63	1.76	7%

***Among those with private insurance, and by region that also includes Baldwin, Bridgton, Casco, Harrison, Naples, and Sebago.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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Westbrook

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	17,494	5 th
Population change between 2000 and 2010	+12.3%	6 th
Population per square mile (2010)	1,037	3 rd
Median age (2010)	39.4	Tie 23 rd
Under 18 (2010)	20.9%	19 th
65 and over (2010)	15.2%	14 th
Racial and ethnic minorities (2010)	8.8%	4 th
Not fluent in English (2000)	0.39%	10 th
Living in poverty (1999)	8.3%	6 th
Less than a high school education (2000)	12.9%	3 rd
Single parent households (2010)	11.1%	1 st

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	City	County	State
1. Cancer	248	227	242
2. Heart Disease	239	191	237
3. Chronic Lower Respiratory Diseases	64	51	61
4. Cerebrovascular Diseases	55	50	61
5. Alzheimer's Disease	72	48	38
6. Unintentional Injuries	41	36	40
7. Influenza and Pneumonia	25	26	24
8. Diabetes Mellitus	36	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	14	20	19
10. Septicemia	12	11	10
All Causes	1,024	884	969

Shading indicates a significant difference from the state.

Westbrook has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual chlamydia cases per 100,000	270 (2005-07)	156 (2002-04)	73%
Annual substance use arrests per 1,000	19.7 (2004-08)	12.9 (1999-03)	52%
Annual violent crimes per 10,000	21.8 (2004-08)	15.4 (1999-03)	42%
Eligibility for free or reduced school lunches	53.9% (2009-10)	49.4% (2008-09)	9%
Hospital visits per 1,000***	137.9 (2007)	126.7 (2006)	9%
Controlled substance prescriptions per person	2.19 (2008)	2.06 (2007)	6%

Westbrook has...

High levels of	Low levels of
Violent crimes	Emergency department visits**
Home and nurse visits**	Breast cancer
Chlamydia	Domestic violence crimes

Represents the highest and lowest percentages among all significant indicators listed on the next page.

**Among those with private insurance, and by region that also includes Gorham.

WESTBROOK Indicators HIGHER than the State			
INJURY AND VIOLENCE	Value	State value	% higher
Annual violent crimes per 10,000 (2004-08)	21.8	11.4	92%
Disabling occupational injuries per 1,000 workers (2008)	24.8	21.0	18%

WESTBROOK Indicators LOWER than the State			
INJURY AND VIOLENCE	Value	State value	% lower
Annual domestic violence crimes per 10,000 (2004-06)	29.9	41.2	28%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)**	44.8	25.9	73%
Hospital visits per 1,000 (2007)***	137.9	126.1	9%

HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)**	112.8	191.2	41%

CHRONIC DISEASE	Value	State value	% higher
Asthma per 1,000 (2007)**	34.1	30.2	13%
Depression per 1,000 (2007)**	66.4	59.1	12%

CHRONIC DISEASE	Value	State value	% lower
Breast cancer per 1,000 (2007)***	3.8	5.5	30%

SUBSTANCE USE	Value	State value	% higher
Annual substance use arrests per 1,000 (2004-08)	19.7	13.4	47%
Controlled substance prescriptions per person (2008)	2.19	1.76	24%

INFECTIOUS DISEASE	Value	State value	% higher
Annual chlamydia per 100,000 (2005-07)	270	180	50%

FAMILY HEALTH	Value	State value	% higher
Eligibility for free or reduced school lunches (2009-10)	53.9%	43.0%	25%

ENVIRONMENTAL HEALTH	Value	State value	% higher
Housing built before 1950 (2000)	44.0%	35.8%	23%

**Among those with private insurance, and by region that also includes Gorham.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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Last revised 08/05/2011.



Windham

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	17,001	6 th
Population change between 2000 and 2010	+7.7%	12 th
Population per square mile (2010)	364	9 th
Median age (2010)	39.9	21 st
Under 18 (2010)	22.5%	10 th
65 and over (2010)	11.6%	24 th
Racial and ethnic minorities (2010)	4.2%	Tie 11 th
Not fluent in English (2000)	0.34%	14 th
Living in poverty (1999)	5.0%	16 th
Less than a high school education (2000)	9.8%	15 th
Single parent households (2010)	9.0%	6 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	203	227	242
2. Heart Disease	150	191	237
3. Chronic Lower Respiratory Diseases	30	51	61
4. Cerebrovascular Diseases	31	50	61
5. Alzheimer's Disease	8	48	38
6. Unintentional Injuries	40	36	40
7. Influenza/Pneumonia	21	26	24
8. Diabetes Mellitus	30	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	10	11	10
All Causes	679	884	969

Shading indicates a significant difference from the state.

Windham has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual chlamydia cases per 100,000	299 (2005-07)	184 (2002-04)	63%
Home and nurse visits per 1,000***	49.2 (2007)	37.2 (2006)	32%
Eligibility for free or reduced school lunches****	30.1% (2009-10)	25.8% (2008-09)	17%
Controlled substance prescriptions per person	1.65 (2008)	1.47 (2007)	12%

****Part of Regional School Unit 14, which also includes Raymond.

Windham has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Annual substance use arrests per 1,000	6.9 (2004-08)	10.4 (1999-03)	33%
Hospital visits per 1,000***	116.0 (2007)	130.6 (2006)	11%

Windham has...

High levels of	Low levels of
Home and nurse visits***	Housing built before 1950
Chlamydia	Substance use arrests
Births	Violent crimes

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Raymond.

WINDHAM Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)***	49.2	25.9	90%

WINDHAM Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)***	116.6	191.2	39%
Disabled (2000)	16.2%	20.0%	19%
Hospital visits per 1,000 (2007)***	116.0	126.1	8%

FAMILY HEALTH	Value	State value	% higher
Annual births per 1,000 women 15 to 44 (2002-06)	58.8	52.0	13%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)****	30.1%	43.0%	30%

CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)***	65.0	59.1	10%

CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)***	6.2	8.6	28%

INFECTIOUS DISEASE	Value	State value	% higher
Annual chlamydia per 100,000 (2005-07)	299	180	66%

SUBSTANCE USE	Value	State value	% lower
Annual substance use arrests per 1,000 (2004-08)	6.9	13.4	48%
Controlled substance prescriptions per person (2008)	1.65	1.76	6%

INJURY AND VIOLENCE	Value	State value	% lower
Annual violent crimes per 10,000 (2004-08)	6.0	11.4	48%
Annual domestic violence crimes per 10,000 (2002-06)	22.6	41.2	45%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	15.5%	35.8%	57%

***Among those with private insurance, and by region that also includes Raymond.

****Part of Regional School Unit 14, which also includes Raymond.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

Published by the Public Health Division, Health and Human Services Department, City of Portland. Last revised 08/05/2011.



Yarmouth

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2010)	8,349	11 th
Population change between 2000 and 2010	+1.0%	19 th
Population per square mile (2010)	626	4 th
Median age (2010)	45.9	6 th
Under 18 (2010)	22.8%	Tie 7 th
65 and over (2010)	16.7%	9 th
Racial and ethnic minorities (2010)	4.1%	13 th
Not fluent in English (2000)	0.52%	7 th
Living in poverty (1999)	4.4%	17 th
Less than a high school education (2000)	5.4%	22 nd
Single parent households (2010)	6.8%	18 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	220	227	242
2. Heart Disease	150	191	237
3. Chronic Lower Respiratory Diseases	58	51	61
4. Cerebrovascular Diseases	60	50	61
5. Alzheimer's Disease	48	48	38
6. Unintentional Injuries	31	36	40
7. Influenza/Pneumonia	29	26	24
8. Diabetes Mellitus	17	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	22	20	19
10. Septicemia	**	11	10
All Causes	943	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Yarmouth has a significant INCREASE in...

Indicator	Current	Prior	% increase
Home and nurse visits per 1,000***	45.2 (2007)	35.9 (2006)	26%
Controlled substance prescriptions per person	1.65 (2008)	1.54 (2007)	7%

Yarmouth has...

High levels of	Low levels of
Home and nurse visits***	Eligibility for free or reduced school lunches
Depression***	Domestic violence
Asthma***	Smoking-related diagnoses***

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Cumberland, Falmouth, Long Island, and North Yarmouth.

YARMOUTH Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007) ^{***}	68.6	59.1	16%
Asthma per 1,000 (2007) ^{***}	34.4	30.2	14%

YARMOUTH Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007) ^{***}	3.4	8.6	61%
Diabetes per 1,000 (2007) ^{***}	25.6	43.0	40%
Colorectal cancer per 1,000 (2007) ^{***}	0.8	1.3	38%
Coronary heart disease per 1,000 (2007) ^{***}	11.0	14.4	24%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007) ^{***}	45.2	25.9	74%

HEALTH ACCESS	Value	State value	% lower
Emergency dept. visits per 1,000 (2007) ^{***}	101.6	191.2	47%
Disabled (2000)	10.9%	20.0%	45%
Hospital visits per 1,000 (2007) ^{***}	108.8	126.1	14%

ORAL HEALTH
Yarmouth does not fluoridate its public drinking water.

INJURY AND VIOLENCE	Value	State value	% lower
Annual domestic violence crimes per 10,000 (2004-06)	15.9	41.2	61%
Annual violent crimes per 10,000 (2004-08)	5.9	11.4	48%
Disabling occupational injuries per 1,000 workers (2008)	14.4	21.0	32%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)	8.8%	43.0%	80%
Annual births per 1,000 women 15-44 (2002-06)	42.7	52.0	18%

SUBSTANCE USE	Value	State value	% lower
Annual substance use arrests per 1,000 (2004-08)	6.7	13.4	50%
Controlled substance prescriptions per person (2008)	1.65	1.76	6%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	24.4%	35.8%	32%

^{***}Among those with private insurance, and by region that also includes Cumberland, Falmouth, Long Island, and North Yarmouth.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

