



55 + PROGRAM SIGN-UP SHEET

Portland Recreation
 ATTN: Katy Bradley
 134 Congress Street ~ Suite 2
 Portland, ME 04101
 207-874-8870

Name		Email Address						
Address		Home Phone						
City	Zip Code	Cell Phone						
Program Trip Activity	Check Trip	Check if you are you driving.	Trip Day	Trip Date	Trip Cost	Meal \$ Included	Meal \$ Extra	
Afternoon Walk			Tues	02/07	\$3+		X	
SMAA Community Luncheon			Weds	02/08	\$8	X		
Movies & Lunch			Thurs	02/09	\$4+		X	
Kitchen & Cork Cooking Demo & Lunch			Fri	02/10	\$16	X		
Almost Maine at CLT & Lunch			Sun	02/12	\$22+		X	
Snow Shoeing at Maine Audubon			Mon	02/13	\$4+		X	
Water Aerobics			Weds	02/15	\$3+	N/A		
Travelogue: China & Wendy's			Weds	02/15	\$4+		X	
Coffee, Cards, Knitting, Games & More at Cummings Center			Thurs	02/16	\$3+	Bring your own lunch or \$ for takeout		
Winter Luncheon & Pokeno			Weds	02/22	\$9	X		
Dirty Rotten Scoundrels at Lyric			Thurs	02/23	\$14+		X	
Ethnic Lunch: Jan Mee & Union Station			Fri	02/24	\$3+		X	
Biddeford/Saco Shopping Trip			Mon	02/27	\$4+		X	
Leap Year Birthday Party at Cummings Center			Weds	02/29	\$9	X		
Laughter Yoga at Cummings			Thurs	03/01	\$3	N/A		
Portland Indoor Farmers Market & Coffee Stop			Sat	03/03	\$3+		X	

Trip Total Cost \$

Release Assumption of Agreement, Agreement to Indemnify and Hold Harmless

I am aware that learning or participating in the above activity can be an activity involving risk of injury, including serious injury. I fully understand that the City of Portland, its agents, officers and employees accept no responsibility and will not be liable for any injury, harm or damage to participant's property occurring during or arising out of participation out of said program. To the fullest extent permitted by law, I do hereby agree to assume all risk of injury, harm or damage to participant's person or property (including but not limited to participant's property caused by negligence of the City of Portland, its agents, officers or employees) arising during or in connection with said program, and I do hereby release and agree to indemnify and hold harmless the City of Portland, its agents, officers and employees from any and all liability, actions, damages and claims of any kind and nature whatsoever (including but not limited to participant's property caused by negligence of the City of Portland, its agents, officers or employees) for injury harm or damage to participant's property that may arise or occur during or in connection with said programs. I also agree to abide by any and all rules, regulations, and policies of the above activity.

Signature	X					Date		
Credit Card				Exp Date			V-Code	
For Office Use Only	Date		Payment Type		Amount		Initials	