

Windham

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	16,715	5 th
Population change between 1998 and 2008	+15.1%	12 th
Population per square mile (2008)	358	9 th
Median age (2000)	36.5	21 st
Under 18 (2000)	24.3%	18 th
65 and over (2000)	9.9%	23 rd
Racial and ethnic minorities (2000)	2.8%	10 th
Not fluent in English (2000)	0.34%	14 th
Living in poverty (1999)	5.0%	16 th
Less than a high school education (2000)	9.8%	15 th
Single parent households (2000)	8.3%	9 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	203	227	242
2. Heart Disease	150	191	237
3. Chronic Lower Respiratory Diseases	30	51	61
4. Cerebrovascular Diseases	31	50	61
5. Alzheimer's Disease	8	48	38
6. Unintentional Injuries	40	36	40
7. Influenza/Pneumonia	21	26	24
8. Diabetes Mellitus	30	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	10	11	10
All Causes	679	884	969

Shading indicates a significant difference from the state.

Windham has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual chlamydia cases per 100,000	299 (2005-07)	184 (2002-04)	63%
Home and nurse visits per 1,000***	49.2 (2007)	37.2 (2006)	32%
Eligibility for free or reduced school lunches****	30.1% (2009-10)	25.8% (2008-09)	17%
Controlled substance prescriptions per person	1.65 (2008)	1.47 (2007)	12%

****Part of Regional School Unit 14, which also includes Raymond.

Windham has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Annual substance use arrests per 1,000	6.9 (2004-08)	10.4 (1999-03)	33%
Hospital visits per 1,000***	116.0 (2007)	130.6 (2006)	11%

Windham has...

High levels of	Low levels of
Home and nurse visits***	Housing built before 1950
Chlamydia	Substance use arrests
Births	Violent crimes

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Raymond.

WINDHAM Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)***	49.2	25.9	90%

WINDHAM Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)***	116.6	191.2	39%
Disabled (2000)	16.2%	20.0%	19%
Hospital visits per 1,000 (2007)***	116.0	126.1	8%

FAMILY HEALTH	Value	State value	% higher
Annual births per 1,000 women 15 to 44 (2002-06)	58.8	52.0	13%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)****	30.1%	43.0%	30%

CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)***	65.0	59.1	10%

CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)***	6.2	8.6	28%

INFECTIOUS DISEASE	Value	State value	% higher
Annual chlamydia per 100,000 (2005-07)	299	180	66%

SUBSTANCE USE	Value	State value	% lower
Annual substance use arrests per 1,000 (2004-08)	6.9	13.4	48%
Controlled substance prescriptions per person (2008)	1.65	1.76	6%

INJURY AND VIOLENCE	Value	State value	% lower
Annual violent crimes per 10,000 (2004-08)	6.0	11.4	48%
Annual domestic violence crimes per 10,000 (2002-06)	22.6	41.2	45%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	15.5%	35.8%	57%

***Among those with private insurance, and by region that also includes Raymond.

****Part of Regional School Unit 14, which also includes Raymond.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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