

North Yarmouth

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	3,570	21 st
Population change between 1998 and 2008	+36.7%	1 st
Population per square mile (2008)	169	15 th
Median age (2000)	37.8	Tie 16 th
Under 18 (2000)	30.2%	2 nd
65 and over (2000)	7.6%	25 th
Racial and ethnic minorities (2000)	1.7%	24 th
Not fluent in English (2000)	0.20%	18 th
Living in poverty (1999)	2.3%	26 th
Less than a high school education (2000)	4.5%	23 rd
Single parent households (2000)	5.7%	20 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	183	227	242
2. Heart Disease	101	191	237
3. Chronic Lower Respiratory Diseases	**	51	61
4. Cerebrovascular Diseases	**	50	61
5. Alzheimer's Disease	**	48	38
6. Unintentional Injuries	**	36	40
7. Influenza/Pneumonia	**	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	491	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

North Yarmouth has a significant INCREASE in...

Indicator	Current	Prior	% increase
Home and nurse visits per 1,000***	45.2 (2007)	35.9 (2006)	26%
Controlled substance prescriptions per person	1.02 (2008)	0.93 (2007)	10%

North Yarmouth has...

High levels of	Low levels of
Lyme disease	Eligibility for free or reduced school lunches****
Home and nurse visits***	Smoking-related diagnoses***
Depression***	Housing built before 1950

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Cumberland, Falmouth, Long Island, and Yarmouth.

****Part of School Administrative District 51, which also includes Cumberland.

NORTH YARMOUTH Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007) ^{***}	68.6	59.1	16%
Asthma per 1,000 (2007) ^{***}	34.4	30.2	14%

NORTH YARMOUTH Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007) ^{***}	3.4	8.6	61%
Diabetes per 1,000 (2007) ^{***}	25.6	43.0	40%
Colorectal cancer per 1,000 (2007) ^{***}	0.8	1.3	38%
Coronary heart disease per 1,000 (2007) ^{***}	11.0	14.4	24%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007) ^{***}	45.2	25.9	74%

HEALTH ACCESS	Value	State value	% lower
Disabled (2000)	9.9%	20.0%	51%
Emergency department visits per 1,000 (2007) ^{***}	101.6	191.2	47%
Hospital visits per 1,000 (2007) ^{***}	108.8	126.1	14%

INFECTIOUS DISEASE	Value	State value	% higher
Annual Lyme disease per 100,000 (2005-07)	114	28	305%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10) ^{****}	9.2%	43.0%	79%

ORAL HEALTH
North Yarmouth does not fluoridate its public drinking water.

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	16.0%	35.8%	55%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.02	1.76	42%

^{***}Among those with private insurance, and by region that also includes Cumberland, Falmouth, Long Island, and Yarmouth.

^{****}Part of School Administrative District 51, which also includes Cumberland.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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