



**Mumps** is a serious viral illness caused by the *mumps virus*. The symptoms include fever, headache, muscle aches, tiredness, and loss of appetite; followed by swelling of salivary glands. The parotid salivary glands (which are located within your cheek, near your jaw line, and below your ears) are most frequently affected.

<http://www.maine.gov/dhhs/boh/mumps.htm> -- Mumps informational page from the Maine CDC.

<http://www.cdc.gov/vaccines/vpd-vac/mumps/default.htm> -- Information about the Mumps vaccine and the Mumps virus from the CDC.

[http://www.kidshealth.org/parent/infections/bacterial\\_viral/mumps.html](http://www.kidshealth.org/parent/infections/bacterial_viral/mumps.html) -- Website for parents from Kids Health. Also available in Spanish.



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