

May 2022 • TIA Public Skate Calendar

[CLICK HERE for Trough Ice Arena Covid19 Protocols.](#)

PUBLIC SKATE: \$6.00/PERSON

RENTAL SKATES: \$3.00/PERSON

[FMI / Register Click Here](#)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:30 p.m. - 3:00 p.m.	2 11:45 a.m. - 1:15 p.m.	3 11:45 a.m. - 1:15 p.m.	4 11:45 a.m. - 1:15 p.m.	5	6 11:45 a.m. - 1:15 p.m.	7 Closed
8 1:30 p.m. - 3:00 p.m.	No Public Skate	2:40 - 4:10 p.m.	No Public Skate			14 Closed
15 1:30 p.m. - 3:00 p.m.	16 11:45 a.m. - 1:15 p.m.	17 11:45 a.m. - 1:15 p.m.	18 11:45 a.m. - 1:15 p.m.	19	20 11:45 a.m. - 1:15 p.m.	21 Closed
22 1:30 p.m. - 3:00 p.m.	23 11:45 a.m. - 1:15 p.m.	24 11:45 a.m. - 1:15 p.m.	25 11:45 a.m. - 1:15 p.m.	26	27 11:45 a.m. - 1:15 p.m.	28 Closed
29 1:30 p.m. - 3:00 p.m.	30 WE WILL BE CLOSED FOR MEMORIAL DAY 	31 11:45 a.m. - 1:15 p.m.				

PUBLIC SKATE PROTOCOLS

The following items **ARE NOT ALLOWED** on Public Skate Ice Sessions: **Sticks, Pucks, Head Phones, Cell Phones**

For safety purposes, carrying a child on-ice is **NOT** allowed.

Online registration is preferred, however, walk-ins are welcome.

We recommend that you leave all valuables (i.e. money, jewelry, cell phone etc.) in your locked vehicle.

PUBLIC SKATE CANCELLATION POLICY

Only sessions canceled 4 hours prior to start time are eligible to receive a credit or refund.

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			1 11:45 a.m. - 1:15 p.m.	2	3 11:45 a.m. - 1:15 p.m.	4 Closed
			5 No Public Skate	6 11:45 a.m. - 1:15 p.m.	7 11:45 a.m. - 1:15 p.m.	8 11:45 a.m. - 1:15 p.m.
12 1:30 p.m. - 3:00 p.m.	13 11:45 a.m. - 1:15 p.m.	14 11:45 a.m. - 1:15 p.m.	15 11:45 a.m. - 1:15 p.m.	16	17 11:45 a.m. - 1:15 p.m.	18 Closed
19 1:30 p.m. - 3:00 p.m.	20 11:45 a.m. - 1:15 p.m.	21 11:45 a.m. - 1:15 p.m.	22 11:45 a.m. - 1:15 p.m.	23	24 11:45 a.m. - 1:15 p.m.	25 Closed
26 1:30 p.m. - 3:00 p.m.	27 11:45 a.m. - 1:15 p.m.	28 11:45 a.m. - 1:15 p.m.	29 11:45 a.m. - 1:15 p.m.	30	July 1 11:45 a.m. - 1:15 p.m.	July 2 Closed

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May 2022 • TIA Adult Co-ed Pick-up Hockey Calendar

[CLICK HERE for Troubh Ice Arena Covid19 Protocols.](#)

\$8.00/PERSON

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.	10:45 - 11:45 a.m.	1:30 - 2:30 p.m.	
8	9	10	11	12	13	14
NO PICK-UP HOCKEY						
15	16	17	18	19	20	21
	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.	1:40 - 2:40 p.m.	1:30 - 2:30 p.m.	
22	23	24	25	26	27	28
	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.	1:40 - 2:40 p.m.	1:30 - 2:30 p.m.	
29	30	31				
		1:30 - 2:30 p.m.				

ADULT CO-ED DROP-IN PICK-UP HOCKEY PROTOCOLS

Prerequisites: Participants are 18 years and older, Helmets are required
 The following items ARE NOT ALLOWED on the ice: Head Phones, Cell Phones
 In order to participate in the Adult Co-Ed Drop-in Hockey program, players must be 18+ years old.
 At a minimum lower padding is strongly encouraged.
 We recommend that you leave all valuables (i.e. money, jewelry, cell phone etc.) in your locked vehicle.
This program is "drop-in" and walk-ins are welcome.

June 2022 • TIA Adult Co-ed Pick-up Hockey Calendar

[CLICK HERE for Troubh Ice Arena Covid19 Protocols.](#)

\$8.00/PERSON

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			1:30 - 2:30 p.m.	1:40 - 2:40 p.m.	1:30 - 2:30 p.m.	
5	6	7	8	9	10	11
	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.	1:40 - 2:40 p.m.	1:30 - 2:30 p.m.	
12	13	14	15	16	17	18
	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.	1:40 - 2:40 p.m.	1:30 - 2:30 p.m.	
19	20	21	22	23	24	25
	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.	1:40 - 2:40 p.m.	1:30 - 2:30 p.m.	
26	27	28	29	30	July 1	
No Pick-up Hockey					1:30 - 2:30 p.m.	

ADULT CO-ED DROP-IN PICK-UP HOCKEY PROTOCOLS


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 The following items ARE NOT ALLOWED on the ice: Head Phones, Cell Phones
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 At a minimum lower padding is strongly encouraged.
 We recommend that you leave all valuables (i.e. money, jewelry, cell phone etc.) in your locked vehicle.
This program is "drop-in" and walk-ins are welcome.

May 2022 • TIA Freestyle Ice Calendar

***SKATERS MUST BE 6 YEARS OLD AND OLDER AND GAMMA LEVEL/USFS BASIC 6 LEVEL OR HIGHER**

** Skaters who do not meet the age and/or level requirements are welcome on freestyle ice for private lessons as long as they are accompanied by their coach AT ALL TIMES.*

CLICK HERE for Trough Ice Arena Covid19 Protocols.

Freestyle Ice: \$15.00		Thursday Bargain: \$8.00		Listed Under Freestyle Ice	FMI / Register Click Here	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 3:10 - 4:00 p.m. 4:10 - 5:00 p.m.	2 3:00 - 3:50 p.m. 4:00 - 4:50 p.m. 6:00 - 6:50 p.m.	3 8:20 - 9:10 a.m. 9:20 - 10:10 a.m. 3:30 - 4:20 p.m. GLPI 6:00 - 6:50 p.m.	4 3:10 - 4:00 p.m. 4:10 - 5:00 p.m. GLPI 6:10 - 7:00 p.m.	5 BARGAIN 12:00 - 1:30 p.m.	6 8:00 - 8:50 a.m. 9:00 - 9:50 a.m. 3:00 - 3:50 p.m. 4:00 - 4:50 p.m. 5:00 - 5:50 p.m.	7 Spring Skating Exhibition! 6:00 - 8:00 p.m.
8 3:10 - 4:00 p.m. 4:10 - 5:00 p.m.	9 3:00 - 3:50 p.m. 4:00 - 4:50 p.m. 6:00 - 6:50 p.m.	10 GLPI 6:00 - 6:50 p.m.	11 3:10 - 4:00 p.m. 4:10 - 5:00 p.m. GLPI 6:10 - 7:00 p.m.	12 NO FS BARGAIN TODAY 3:00 - 3:50 p.m. 4:00 - 4:50 p.m.	13 3:00 - 3:50 p.m. 4:00 - 4:50 p.m. 5:00 - 5:50 p.m.	14 CLOSED
15 3:10 - 4:00 p.m. 4:10 - 5:00 p.m.	16 3:00 - 3:50 p.m. 4:00 - 4:50 p.m. 6:00 - 6:50 p.m.	17 8:20 - 9:10 a.m. 9:20 - 10:10 a.m. 3:30 - 4:20 p.m. GLPI 6:00 - 6:50 p.m.	18 3:10 - 4:00 p.m. 4:10 - 5:00 p.m. GLPI 6:10 - 7:00 p.m.	19 BARGAIN 12:00 - 1:30 p.m.	20 8:00 - 8:50 a.m. 9:00 - 9:50 a.m. 3:00 - 3:50 p.m. 4:00 - 4:50 p.m. 5:00 - 5:50 p.m.	21 CLOSED
22 3:10 - 4:00 p.m. 4:10 - 5:00 p.m.	23 3:00 - 3:50 p.m. 4:00 - 4:50 p.m. 6:00 - 6:50 p.m.	24 8:20 - 9:10 a.m. 9:20 - 10:10 a.m. 3:30 - 4:20 p.m. GLPI 6:00 - 6:50 p.m.	25 3:10 - 4:00 p.m. 4:10 - 5:00 p.m. GLPI 6:10 - 7:00 p.m.	26 9:00 - 9:50 a.m. 10:00 - 10:50 a.m. BARGAIN 12:00 - 1:30 p.m.	27 8:00 - 8:50 a.m. 9:00 - 9:50 a.m. 3:00 - 3:50 p.m. 4:00 - 4:50 p.m. 5:00 - 5:50 p.m.	28 CLOSED
29 3:10 - 4:00 p.m. 4:10 - 5:00 p.m.	30 HOLIDAY WE WILL BE CLOSED FOR MEMORIAL DAY	31 8:20 - 9:10 a.m. 9:20 - 10:10 a.m. 3:30 - 4:20 p.m. GLPI 6:00 - 6:50 p.m.	<p>You're invited to join us on May 7th for the Spring Skating Exhibition. It's family friendly and it's FREE! Our skaters work hard all year round and are excited to present their solo's to you! FYI: vla@portlandmaine.gov</p> 			

FREESTYLE ICE PROTOCOLS

Please keep your cell phone in your pocket or bag at all times. We recommend that you leave any items of value (money, jewelry etc.) in your locked vehicle.
Mandatory pre-registration is required at least 10 minutes in advance of freestyle session start time.
Any music played must be appropriate for all age groups and **NOT** contain any vulgarity or profanity.

FREESTYLE ICE CANCELLATION POLICY

Only sessions canceled 4 hours prior to start time are eligible to receive a credit or refund: (207) 808-5491/vla@portlandmaine.gov

Trough Ice Arena • 225 Park Avenue • Portland • ME • 207-774-8553 • www.troughicearena.com

June 2022 • TIA Freestyle Ice Calendar

CLICK HERE for Trough Ice Arena Covid19 Protocols.

Freestyle Ice is the perfect opportunity for students to practice what they are learning in class or schedule a private lesson.

Freestyle Ice Prerequisites: ISI Gamma/USFS Basic 6 Level and higher and 6 years old and older. To register look for "TIA Freestyle Ice for High Level Skaters ONLY"

*Students under the age of 6 and/or ISI Beta level or lower are welcome on Freestyle ice as long as they are accompanied by their coach **AT ALL TIMES.***

*Click on **TIA Group Lessons:** *Look for "Full Session" **GLFS Ice** Example: 2022 TIA Early Summer Tue ISI Full Session GLFS Ice: 6:00 - 6:50 p.m.

Freestyle Ice: \$15.00		Thursday Bargain: \$8.00			Full Session GLFS Ice: \$60.00			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Register Here			1 3:10 - 4:00 p.m. 4:10 - 5:00 p.m. GLFS 6:10 - 7:00 p.m.	2 BARGAIN 12:00 - 1:30 p.m.	3 8:45 - 9:35 a.m. 9:45 - 10:35 a.m. 10:45 - 11:35 a.m.	4 CLOSED		
		5 5:10 - 6:00 p.m. 6:10 - 7:00 p.m.	6 3:00 - 3:50 p.m. 4:00 - 4:50 p.m.	7 8:30 - 9:20 a.m. 3:30 - 4:20 p.m. GLPI 6:00 - 6:50 p.m.	8 3:10 - 4:00 p.m. 4:10 - 5:00 p.m. GLFS 6:10 - 7:00 p.m.	9 8:30 - 9:20 a.m. BARGAIN 12:00 - 1:30 p.m.	10 2:40 - 3:30 p.m. 3:40 - 4:30 p.m.	11 CLOSED
		12 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	13 3:00 - 3:50 p.m. 4:00 - 4:50 p.m.	14 2:40 - 3:30 p.m. NO ICE MAKE 3:30 - 4:20 p.m. GLPI 6:00 - 6:50 p.m.	15 3:10 - 4:00 p.m. 4:10 - 5:00 p.m. GLFS 6:10 - 7:00 p.m.	16 8:30 - 9:20 a.m. BARGAIN 12:00 - 1:30 p.m.	17 2:40 - 3:30 p.m. 3:40 - 4:30 p.m.	18 CLOSED
19 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	20 3:00 - 3:50 p.m. 4:00 - 4:50 p.m.	21 8:30 - 9:20 a.m. 2:40 - 3:30 p.m. NO ICE MAKE 3:30 - 4:20 p.m. GLPI 6:00 - 6:50 p.m.	22 3:10 - 4:00 p.m. 4:10 - 5:00 p.m. GLFS 6:10 - 7:00 p.m.	23 8:30 - 9:20 a.m. BARGAIN 12:00 - 1:30 p.m.	24 2:40 - 3:30 p.m. 3:40 - 4:30 p.m.	25 CLOSED		
26 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	27 3:00 - 3:50 p.m. 4:00 - 4:50 p.m.	28 8:30 - 9:20 a.m. 3:30 - 4:20 p.m. GLPI 6:00 - 6:50 p.m.	29 3:10 - 4:00 p.m. 4:10 - 5:00 p.m. GLFS 6:10 - 7:00 p.m.	30 8:30 - 9:20 a.m. BARGAIN 12:00 - 1:30 p.m.	July 1 2:40 - 3:30 p.m. 3:40 - 4:30 p.m.			

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