



**City of Portland, Maine
Municipal Pool Schedules
September 7, 2021 – June 11, 2022**

**Harold Paulson Pool / Riverton Community Center
1600 Forest Ave / 874-8456**

ADULT LAP SWIMS

6:00-9:00 a.m. Mon. – Fri*
11:30-1:00 p.m. Mon. – Sat.**
5:00-6:00 p.m. Mon & Wed
6:00-7:00 a.m. Sat**

OPEN SWIM

1-2:30 p.m. Saturday**

WATER AEROBICS

8 a.m.-9 a.m. Mon – Fri (3 lanes)
6:30-7:30 p.m. Tue, Thu (3 lanes)

MASTER’S SWIM

6:30-7:30 p.m. Tue & Thu (3 lanes)
7:00-8:25 a.m. Sat **

*Due to aerobics class, only 2-3 lap lanes will be available from 8-9am.

**Saturday swims will begin on September 18th

**Hap Frank Pool / Reiche Community Center
166 Brackett Street / 874-8456**

ADULT LAP SWIMS

11:30 – 1 p.m. Mon, Wed & Fri
11:30a.m.-1:30pm Sat**
6:30 – 8 a.m. Tue & Thu
4:30-6 p.m. Tue & Thu

OPEN SWIM

12:30-1:30 p.m. Sat**

POOL RULES AND PROTOCOLS:

- **LOCKER ROOMS & SHOWERS:** Access to locker rooms will be limited to a “**quick change**” **10 minute limit** before and after swim. Patrons are reminded to social distance and stagger themselves from others. Baskets will be available for daily use to place personal belongings on deck while using the pool. **Showers are required** and will be accessible for pre-swim rinse off only, no soap or shampoo allowed. Absolutely no exceptions due to sanitization requirements.
- **FACE-COVERINGS:** In compliance with City/State and CDC guidelines, **all patrons will need to wear face coverings when not in the pool at our indoor facilities.** This will help keep you and our staff safe.
- **EQUIPMENT:** During Open Swim, a single pool noodle may be used in the shallow end for non-swimmers or aerobics. Lap swimmers, PPSC and Masters will need to bring their own kickboards, pull buoys and flippers. Instructional equipment such as pool noodles, bubble belts and aqua jogging belts will be limited and sanitized between patrons.
- **CIRCLE SWIMMING FOR LAP SWIM:** Patrons are asked to choose a lane with the appropriate speed (slow, moderate, fast) while circle swimming to maintain social distancing. Aquatic staff may ask patrons to move to another lane in order to keep the lanes flowing.

- **RESERVATIONS/DROP-IN:** We encourage all patrons to pay in advance online through our Community Pass registration system. **Pool capacity for all drop in programs is up to the discretion of the lifeguard.** <https://register.communitypass.net/portlandcityof>.
- **BATHING CAPS** are required for all with chin length hair, regardless of age or gender. Caps will be available for sale at the pool.
- No street shoes are allowed on the pool deck, please bring flip flops.
- **NO PERSONAL FLOATATION DEVICES ALLOWED DURING OPEN SWIMS.** Any child who is less than 4 feet tall and under 7 years of age must be escorted by an adult into the pool area; accompanied in the pool tank by an adult on a one-to-one basis at all times and kept within reach on the pool deck.
- **Any individual with an infectious or communicable disease is prohibited from using the pool.** Any individual with a medical or physical condition that could result in a life-threatening situation to themselves or others, while using the pool, is required to inform the lifeguards of the condition prior to entering the pool.
- **Any group of ten (10) or more individuals wishing to use the pool must make rental arrangements** with the Aquatics Division Supervisor. Individual groups of nine (9) or less must request permission 24 hours in advance.

Daily Drop In Fees For All Pools		
Age Group	Resident	Non-Resident
Child 0-12 years	\$1.00	\$2.00
Teen 13-17 years	\$1.00	\$2.00
Adult 18-61 years	\$5.00	\$5.50
Senior 62+ years	\$3.50	\$4.00
Aerobic Adult	\$5.50	\$6.00
Aerobic Senior	\$4.00	\$4.75
Master's Workout	\$6.75	\$7.25
Kiwanis Adult 18-61 yrs	\$5.50	\$6.00

For punch card fees and options, please refer to our Adult Aquatics Registration Form. You may also purchase one online at <https://register.communitypass.net/portlandcityof> and after logging in click "Browse Activities > Portland Parks & Recreation > Aquatic Punch Passes."

(This schedule and its protocols will be updated as needed to reflect changes in the Executive Orders issued by Governor Mills as well as changes in guidance from the US CDC.

Please call or email us for updates.)

City of Portland, Aquatics Division Ph: 874-8456

Weather Cancellation hotline 756-8130

aquatics@portlandmaine.gov

<http://www.portlandmaine.gov/673/Aquatics>